

NORTHWEST LOCAL SCHOOLS PHYSICAL EDUCATION GRADUATION REQUIREMENT

Students are required to complete one-half unit of physical education for graduation. One-half unit requires a minimum of 120 hours of course instruction. This requirement is currently addressed by completing two semester courses, each worth a quarter credit.

Beginning with the 2012-2013 school year, students in the Northwest Local School District in grades 9, 10, and 11 who successfully complete two full seasons of **interscholastic athletics, marching band, cheerleading** or students who have successfully participated in the **junior reserve officer training corps** program may be excused from the high school physical education requirement. "Seasons" and years of participation in the reserve officer training program completed before the 2012-2013 school year do not count toward the exemption of the physical education credit.

Interscholastic athletic teams currently recognized by the Ohio High School Association in Northwest Local Schools include:

Baseball, boys	Golf, boys and girls	Track, boys and girls
Basketball, boys and girls	Soccer, boys and girls	Volleyball, girls
Bowling, boys and girls	Softball, girls	Wrestling
Cross country, boys and girls	Swimming, boys and girls	
Football	Tennis, boys and girls	

Process:

1. At the end of each season, the athletic department/band department will provide the guidance department with a list of students who have completed the 90% requirement that is necessary to qualify for the PE Credit Exemption. The teacher from the junior reserve officer training corps will also provide the guidance department with a list of students who have successfully participated in a full year of the program.
2. That list will be kept and updated each season and school year in the guidance department.
3. Once a student has completed **BOTH SEASONS OR TWO YEARS IN THE PROGRAM NECESSARY TO BE EXEMPT FROM PHYSICAL EDUCATION**, the student will then turn in a PE Exemption Form. **STUDENTS SHOULD ONLY TURN IN THE PE EXEMPTION FORM AFTER THEY HAVE COMPLETED BOTH SPORTS/BAND SEASONS OR BOTH YEARS OF PARTICIPATION IN THE JUNIOR RESERVE OFFICER TRAINING CORPS NECESSARY TO BE EXEMPTED FROM PHYSICAL EDUCATION.**
4. The PE Exemption Form will list the two sports/band seasons or years of junior reserve training participation that were completed and that form will be turned into the student's counselor and/or the guidance department.
5. That PE Exemption Form will then be cross-checked with the information provided by the athletic/band and junior reserve training corps departments each season/year.
6. It is still the responsibility of the student to turn in the form to the guidance department and make any schedule changes necessary. **THIS WILL NOT BE DONE AUTOMATICALLY FOR THE STUDENT.**

It is **important** to note that this exemption may not transfer should a student transfer to a different school district with different policies.

Also **important** to note is that students do not receive a physical education credit when they turn in the PE Exemption Form. They are simply being exempted from the requirement of the credit.

NORTHWEST LOCAL SCHOOL DISTRICT
PHYSICAL EDUCATION WAIVER FORM

Once a student has met the “Successful Completion of a Season” expectation TWO TIMES in some combination of interscholastic athletics, marching band, and/or cheerleading or two years participation in the junior reserve officer training corps, this form should be completed and returned to the guidance department to request exemption from the high school physical education requirement.

Student Last Name _____

Student First Name _____

Student ID# _____

Season #1:
School Year of Participation _____

Season #2:
School Year of Participation _____

Grade Level _____

Grade Level _____

Sport/Activity _____

Sport/Activity _____

Junior Reserve Officer Training Corps Year #1:

Junior Reserve Officer Training Corps Year #2:

School Year of Participation _____

School Year of Participation _____

Grade Level _____

Grade Level _____

In making this request for exemption from physical education as a graduation requirement, I understand all expectations related to the “two full season” requirement.

Parent/Guardian Signature

Date

If a student is registered for physical education class, returning a completed form **DOES NOT** remove the student from the class. The student **MUST** meet with a counselor for a schedule change to occur/to drop the physical education class.