| MEAL |  |  |
| :---: | :---: | :---: |
| Lunch: |  |  |
| Elementary Lunch (See monthly menu for selections) \$2.60 Includes Main Dish, Milk, 2 Fruits* and 2 Vegetables |  |  |
| High School/Middle School Lunch (See monthly menu for selections) \$2.85 Includes Main Dish, Milk, 2 Fruits* and 2 Vegetables |  |  |
| * Can sub the following for fruit on any meal: Fresh Fruit, 4 oz Fruit Cup, 4 oz 100\% Juice, or Raisins |  |  |
| Breakfast: <br> Elementary Breakfast (See monthly menu for selections): All breakfasts include milk (low fat or fat free), fruit or $100 \%$ fruit High School/Middle School Breakfast (See monthly menu for selections): All breakfasts include milk, fruit or $100 \%$ fruit juice and daily man |  |  |
|  |  |  |
| Choices may differ based upon school$\sim$ Note: Free or reduced priced Lunch ( $\$ .40$ ) \& Breakfast ( $\$ 0.30$ ) available to those who qualify |  |  |
|  |  |  |
| High Schools and Middle Schools |  |  |
| ***Meal price includes Main Dish, 2 Vegetables, 2 Fruits, and Milk |  |  |
|  | Entrée Only | Meal |
| DAILY CHOICE OF LUNCH MAIN DISH | \$2.10 | \$2.85 |

## "MAKE IT A MEAL"

We are able to offer significant savings to students who "MAKE IT A MEAL"! This is the BEST VALUE for your breakfast and lunch dollars spent. Meals consist of the following:

Elementary Schools
Breakfast: FREE Includes Main Dish, Milk, and Choice of Fruit or 100\% Juice Lunch: FREE Includes Main Dish, Milk, 2 Vegetables and 2 Fruits

## High Schools and Middle Schools

| High Schools and Middle Schools |  |  |  |
| :--- | :---: | :---: | :---: |
| ***Meal price includes Main Dish, Fruit or 100\% Fruit Juice, and Milk |  |  |  |
|  | Entrée Only Meal |  |  |
| DAILY CHOICE OF BREAKFAST MAIN DISH | $\$ 1.00$ |  |  |$\$ 1.50$


| "MAKE IT A MEAL" <br> We are able to offer significant savings to students who "MAKE IT A MEAL"! This is the BEST VALUE for your breakfast and lunch dollars spent. Meals consist of the following: |
| :---: |
| Elementary Schools |
| Breakfast: FREE Includes Main Dish, Milk, and Choice of Fruit or 100\% Juice Lunch: FREE Includes Main Dish, Milk, 2 Vegetables and 2 Fruits |

## "MAKE IT A MEAL"

We are able to offer significant savings to students who "MAKE IT A MEAL"! This is the BEST VALUE for your breakfast and lunch dollars spent. Meals consist of the following

## ALA CARTE PRICING

| FRUITS, VEGETABLES, SOUP, PASTA, RICE |  | BREAD ITEMS |  |
| :---: | :---: | :---: | :---: |
| French Fries | \$0.90 | Bagel with 4 oz Peanut Butter | \$1.50 |
| Fresh Fruit (Whole Pieces) Apple, Banana, Oranges | \$0.75 | Bagel with Cream Cheese | \$1.50 |
| Fruit Cup (4 oz) | \$0.75 | Bagel, Lenders, Individually Wrapped | \$1.00 |
| Raisins | \$0.60 | Muffin, All Varieties | \$1.25 |
|  |  | Nachos with Cheese Cup | \$1.75 |
| ICE CREAM \& YOGURT |  | Uncrustable (5 oz) | \$2.50 |
| Twister Cups, Cones, \& Ice Cream Sandwiches | \$1.50 | Uncrustable (2.6 oz) | \$1.75 |
| Ice Cream/Sherbet/Yogurt Cups, all other individual ice creams | \$1.00 |  |  |

## NORTHWEST LOCAL SCHOOLS FOODSERVICE

PRICE LIST
2023-2024

| BEVERAGES |  |
| :--- | :--- |
| $100 \%$ Fruit Juice Box, 6.75 oz | $\$ 0.75$ |
| $100 \%$ Fruit Juice, 4 oz | $\$ 0.50$ |
| Diet Sodas, 20 oz | $\$ 2.25$ |
| Lipton Tea, Propel Water | $\$ 1.75$ |
| Gatorade G2 | $\$ 1.30$ |
| Gatorade Zero | $\$ 2.25$ |
| 100\% Fruit Juice 10 oz bottle or 7.5oz can | $\$ 1.75$ |
| Sparkling Ice, All Flavors | $\$ 2.25$ |
| Milk, 1/2 pint, skim Chocolate, Strawberry, White or 1\% White | $\$ 0.70$ |
| Water, Plain, 16.9 oz | $\$ 0.50$ |
| Water, Plain, 8 oz. | $\$ 0.35$ |
| Water, Plain, sport cap | $\$ 0.80$ |


| COLD DELI ITEMS |  |
| :--- | :--- |
| String Cheese | $\$ 0.40$ |
| Salad, Garden, Small with 2 oz Dressing | $\$ 1.25$ |


| DESSERTS \& SNACKS |  |
| :--- | :--- |
| Bag Snacks | $\$ 1.00$ |
| Cookie, Individually Wrapped | $\$ 0.80$ |
| Fruit Roll-up, Fruit Snacks | $\$ 0.75$ |
| Gold Fish Crackers, Fun Size | $\$ 0.55$ |
| Graham Crackers (3-pk) | $\$ 0.50$ |
| Granola Bars, Small, Assorted Variety | $\$ 1.00$ |
| Nutrigrain Bar | $\$ 0.90$ |


| $* * *$ Meal Price includes Milk, 2 Fruit Choices and 2 Vegetable Choices*** | Entrée Only | Meal |
| :--- | :---: | :---: |
| MAIN DISH ITEMS THAT WILL ROTATE ON THE MENU | $\$ 2.10$ | $\$ 2.85$ |


| $\star * *$ Meal Price includes Milk, 2 Fruit Choices and 2 Vegetable Choices*** | Entrée Only | Meal |
| :---: | :---: | :---: | :---: |
| MAIN DISH ITEMS THAT WILL ROTATE ON THE MENU | $\$ 2.10$ | $\$ 2.85$ |


| ADULT PRICING \& OPTIONS: |  |
| :--- | ---: |
| Teacher's Breakfast | $\$ 2.50$ |
| Teacher's Regular Lunch | $\$ 4.75$ |
| Teacher's My Way Café | $\$ 5.75$ |
| Teacher's Chef Salad | $\$ 3.50$ |
| Teacher's Salad, Large | $\$ 2.50$ |
| Teacher's Side Salad | $\$ 1.25$ |
| Cottage Cheese | $\$ 1.25$ |
| Salad Toppings, Extra | $\$ 0.75$ |
| Teacher's Soup with Crackers 8 oz | $\$ 2.50$ |

