

Northwest Local Schools partnership with The Children's Home of Cincinnati

Introducing Sara Pickett, MA, MEd, LPC

Sara is a Licensed Professional Counselor with many years of experience as mental health professional and as a teacher for ten years prior to becoming a counselor.

Sara has experience with:

- ♥ ADHD
- ♥ Anxiety, Depression
- ♥ Oppositional Defiant Disorder
- ♥ PTSD

You can find Sara at NWHS, PRE, and PRM throughout the week.

You can contact Sara at spickett@thechildrenshomecinti.org or 513-967-0384



Please call if your child is demonstrating any of the following symptoms or behaviors :

- ♥ Anger outbursts
- ♥ Short attention span, easily distracted
- ♥ Depression
- ♥ Verbal/physical aggression
- ♥ Anxiety, excessive worry
- ♥ Poor relationships
- ♥ Chronic defiance
- ♥ Hyperactivity, impulsivity
- ♥ Grief from loss of loved one
- ♥ Poor decision making

The Children's Home of Cincinnati is making a difference every day. We have been improving the lives of children for 150 years.

www.thechildrenshomecinti.org

